



## Convert hours minutes into minutes and minutes seconds into seconds

### Convert hours minutes into minutes:

- 2 hours 15 minutes = 135 minutes
- 4 hours 30 minutes = \_\_\_\_\_ minutes
- 6 hours 20 minutes = \_\_\_\_\_ minutes
- 8 hours 25 minutes = \_\_\_\_\_ minutes
- 10 hours 45 minutes = \_\_\_\_\_ minutes

### Convert minutes seconds into seconds:

- 5 minutes 40 seconds = 340 seconds
- 10 minutes 60 seconds = \_\_\_\_\_ seconds
- 12 minutes 40 seconds = \_\_\_\_\_ seconds
- 9 minutes 25 seconds = \_\_\_\_\_ seconds
- 4 minutes 30 seconds = \_\_\_\_\_ seconds

